

**DANIEL B. POLATSCH, M.D.**

**New York Hand and Wrist  
Center of Lenox Hill  
210 East 64<sup>th</sup> Street, 5<sup>th</sup> Floor  
New York, NY 10065  
212-434-HAND (4263)**

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**ACADEMIC APPOINTMENTS/HOSPITAL AFFILIATIONS**

<b>Co-Director of The New York Hand and Wrist Center of Lenox Hill</b>	03/01/15 to Present
<b>Associate Professor Department of Orthopaedic Surgery Zucker School of Medicine at Hofstra/Northwell</b>	04/7/21 to Present
<b>Assistant Professor Department of Orthopaedic Surgery Zucker School of Medicine at Hofstra/Northwell</b>	07/1/17 to 4/7/21
<b>Assistant Professor Department of Orthopaedic Surgery Icahn School of Medicine at Mount Sinai</b>	01/01/14 to 03/01/2015
<b>Assistant Professor Department of Orthopaedic Surgery Albert Einstein College of Medicine</b>	01/01/05 to 12/31/13
<b>Program Director Icahn School of Medicine Orthopedic Hand Fellowship Program at Mount Sinai Beth Israel, <i>New York, NY</i></b>	01/01/14 to 12/31/2014
<b>Program Director Albert Einstein Orthopedic Hand Surgery Fellowship Program at Beth Israel Medical Center, <i>New York, NY</i></b>	01/01/12 to 12/31/13
<b>Associate Fellowship Director Albert Einstein Orthopedic Hand Surgery Fellowship Program at Beth Israel Medical Center, <i>New York, NY</i></b>	01/01/05 to 12/31/11

**BOARD CERTIFICATION**

<b>American Board of Orthopaedic Surgery <i>Chapel Hill, NC</i></b>	July 21, 2005
<b>Recertified</b>	January 1, 2016

**SUBSPECIALTY BOARD CERTIFICATION**

**Certificate of Added Qualification in Surgery of the Hand  
American Board of Orthopaedic Surgery**

August 2, 2008

*Chapel Hill, NC*

**Recertified**

January 1, 2016

**POSTGRADUATE TRAINING**

**Harvard Hand and Upper Upper-Extremity  
Fellowship Program**

08/2002 – 08/2003

*Program Director: Barry P. Simmons, M.D.*

*Brigham and Women's Hospital-Massachusetts General Hospital  
Boston, MA*

**Residency, Orthopaedic Surgery**

July 1, 1998- June 26, 2002

*Program Director: Joseph D. Zuckerman, MD*

*New York University-The Hospital for Joint Diseases Orthopaedic  
Institute, New York, NY*

**Surgical Internship, General Surgery**

7/1997-98

*Program Director: H Leon Pachter, MD*

*New York University Medical Center, New York, NY*

**EDUCATION**

**New York University School of Medicine, New York, NY**

9/93-6/97

*M.D. with honors*

**The University of Michigan, Ann Arbor, MI**

1989-93

*Bachelor of Science, Psychology*

## HONORS AND AWARDS

<b>New York Society for Surgery of the Hand, Immediate Past President</b>	2020-21
<b>New York Society for Surgery of the Hand, President</b>	2020-21
<b>New York Society for Surgery of the Hand, President Elect</b>	2019-20
<b>New York Society for Surgery of the Hand, Vice President</b>	2018-19
<b>New York Society for Surgery of the Hand, Secretary</b>	2016-18
<b>Dr. Maurice Cowen Award for Excellence in Resident Education</b>	2019
<b>Dr. Maurice Cowen Award for Excellence in Resident Education</b>	2016
<b>NYPD Honorary Police Surgeon</b>	2015-Present
<b>NY State Troopers PBA Police Surgeon</b>	2015-Present
<b>New York Magazine's Best Doctors</b>	2023
<b>New York Magazine's Best Doctors</b>	2022
<b>New York Magazine's Best Doctors</b>	2021
<b>New York Magazine's Best Doctors</b>	2020
<b>New York Magazine's Best Doctors</b>	2019
<b>New York Magazine's Best Doctors</b>	2018
<b>New York Magazine's Best Doctors</b>	2017
<b>New York Magazine's Best Doctors</b>	2016
<b>New York Magazine's Best Doctors</b>	2015
<b>New York Magazine's Best Doctors</b>	2014
<b>New York Magazine's Best Doctors</b>	2013
<b>Castle Connolly Top Doctors</b>	2012- Present
<b>New York Times Best Doctors – "Super Doctors<sup>TM</sup>"</b>	2010-Present
<b>NY Times Best Doctors – "Super Doctors<sup>TM</sup>" Hall of Fame</b>	2020-21
<b>Patients Choice Award, Vitals.com</b>	2009-Present
<b>Patients Choice 5<sup>th</sup> Anniversary Award, Vitals.com</b>	2013
<b>Top Ten Doctors, Vitals.com</b>	2014
<b>Compassionate Doctor Recognition Award, Vitals.com</b>	2009-Present
<b>Administrative Chief Resident</b>	2001-02
<i>NYU-Hospital for Joint Diseases Residency Program New York, NY</i>	
<b>Alpha Omega Alpha Honor Society</b>	1995
<i>New York University School of Medicine, New York, NY</i>	
<b>Independent Study Research Honors</b>	1994
<i>New York University School of Medicine, New York, NY</i>	
<b>Bachelor of Science with Distinction</b>	1993
<i>The University of Michigan, Ann Arbor, MI</i>	
<b>Class Honors for Superior Scholastic Performance in Consecutive Semesters</b>	1990-93
<i>The University of Michigan, Ann Arbor, MI</i>	

**PROFESSIONAL MEMBERSHIPS:**

<b>NYPD Honorary Police Surgeon</b>	2015-Present
<b>New York State Troopers PBA Police Surgeon</b>	2015-Present
<b>International Wrist Investigators Workshop</b>	2011-Present
<b>Journal of the American Academy of Orthopaedic Surgeons, Editorial Review Board</b>	2016-Present
<b>Orthopedics, Editorial Review Board</b>	2012-Present
<b>American Journal of Orthopaedics, Editorial Review Board</b>	2006-Present
<b>New York Society for Surgery of the Hand</b>	2006-Present
<b>American Society for Surgery of the Hand</b>	2005-Present
<b>American Academy of Orthopaedic Surgeons</b>	2005-Present

**COMMITTEES:**

New York Society for Surgery of the Hand Resident and Fellows Night Research Committee	2020-2021
New York Society for Surgery of the Hand Resident and Fellows Night Research Committee - Chairman	2017-2018
New York Society for Surgery of the Hand Resident and Fellows Night Research Committee	2013-2014
New York Society for Surgery of the Hand Resident and Fellows Night Research Committee	2017-2018
Lenox Hill Orthopaedic Medical Education Committee	2017-Present
Lenox Hill Residency Selection Committee	2017-Present
MEETH Medical and Surgical Leadership Committee	2018- Present
Center for Regenerative Orthopaedic Medicine, Founding Member	2021- Present
Hand Academic Council, Northwell Health	2022-Present

**PUBLICATIONS:**

1. Rabinovich RV, Rahman OF, Nasra MH, Polatsch DB, Beldner S. Midcarpal Instability. *J Am Acad Orthop Surg.* 2023 Apr 26. doi: 10.5435/JAAOS-D-22-00777. PMID: 37105177
2. Graham TJ, Polatsch DB, Thomas B. J. The Role of the Hand Surgery Consultant in the Care of the Amateur and Professional Golfer. *Sports Med Arthrosc Rev.* 2023 Mar 1;31(1):15-18. doi: 10.1097/JSA.0000000000000362. Epub 2022 Dec 27. PMID: 36563120
3. Lin E, Crijns TJ, Ring D, Jayakumar P; Polatsch DB\*. Imposter Syndrome Among Surgeons Is Associated With Intolerance of Uncertainty and Lower Confidence in Problem Solving. *Clin Orthop Relat Res.* 2023 Apr 1;481(4):664-671. doi: 10.1097/CORR.0000000000002390. Epub 2022 Sep 6. PMID: 36073997

4. Crijs TJ, Mucharraz C, Paravasthuramesh A, Teunis T, Ring D, Fatehi A; Polatsch DB\*. Surgeons' Recommendations for Neurodiagnostic Testing With High Pretest Probability of Idiopathic Median Neuropathy at the Carpal Tunnel. *J Hand Surg Am.* 2022 Aug;47(8):736-744. doi: 10.1016/j.jhsa.2022.04.007. Epub 2022 Jun 6. PMID: 35680456
5. Polatsch DB, Zbeda RM, Murray DP, Beldner S.J. New Test for Trigger Finger: The Lenox Independent Flexion Test. *Hand Surg Asian Pac Vol.* 2022 Apr;27(2):276-279. doi: 10.1142/S2424835522500369. Epub 2022 Mar 31. PMID: 35404196
6. Polatsch, DB, Rabinovich RV, Casden MA, Beldner S, Rahman OF. Primary Resection of the Ulnar Slip of Flexor Digitorum Superficialis in the Persistently Triggering Patient after A1 Pulley Release. *Hand (N Y).* 2022 Feb 8:15589447211073829. doi: 10.1177/15589447211073829. PMID: 35132886
7. Polatsch DB, Zbeda RM, Beldner S, Melone CP. Carpometacarpal Arthrodesis for Traumatic Carpal Boss in Professional Fighters. *Orthopaedics.* 2022. Jan-Feb;45(1):e17-e22. PMID: 34734773
8. Bulstra AEJ, Crijs TJ, Janssen SJ, Buijze GA, Ring D, Jaarsma RL, Kerkhoffs GMMJ, Obdeijn MC, Doornberg JN, Polatsch DB\*. Factors associated with surgeon recommendation for additional cast immobilization of a CT-verified nondisplaced scaphoid waist fracture. *Arch Orthop Trauma Surg.* 2021 Jul 24. doi: 10.1007/s00402-021-04062-0. PMID: 34302522
9. Rabinovich RV, Polatsch DB, Shin SS, Beldner S. Thumb Carpometacarpal Instability. *J Am Acad Orthop Surg.* 2021 Jul 15. AAOS-D-21-00310. PMID: 34271570
10. Beldner S, Rabinovich RV, Polatsch DB. Scleroderma of the Hand: Evaluation and Treatment. *J Am Acad Orthop Surg.* 2020 Aug 15;28(16):e686-e695.
11. Rahman OF, Rabinovich RV, Casden MA, Beldner S, Polatsch DB. The Prevalence of Stenosing Tenosynovitis Requiring Resection of the Ulnar Slip of the Flexor Digitorum Superficialis. *Northwell Health J Ortho Surg.* 2020 Winter 2(1):46-47.
12. Beldner S, Rabinovich RV, Polatsch DB. Intraoperative Tilted Posteroanterior View for the Measurement of Distal Radius Articular Step-Off. *J Wrist Surg.* 2019 Aug;8(4):300-304.
13. An Assessment of Sleep Disturbance in Patients before and after Carpal Tunnel Release. Erickson J, Polatsch D, Beldner S, Melamed E. *J Hand Surg Asian Pac Vol.* 2019 Jun;24(2):144-146.

14. Ulnar nerve transposition in the hand: a cadaveric study. Beldner S, Rabinovich RV, Polatsch DB, Gonzalez DM. *J Hand Surg Eur Vol.* 2019 Mar;44(3):269-272.
15. Polatsch DB, Zbeda RM. Case Report: Carpometacarpal Arthodesis for Traumatic Carpal Boss in a Professional Fighter. *Orthopaedic Bulletin, Northwell Health.* Winter 2018; 6-7.
16. Polatsch DB, Rabinovich RV, Beldner S. The Double Thenar Flap: A Technique to Reconstruct 2 Fingertip Amputations Simultaneously. *J Hand Surg Am.* 2017 May;42(5):396.
17. Mallee WH, Mellema JJ, Guitton TG, Goslings JC, Ring D, Doornberg JN, Polatsch DB\*. Arch Erratum to: 6-week radiographs unsuitable for diagnosis of suspected scaphoid fractures. *Orthop Trauma Surg.* 2017 Mar 10. doi: 10.1007/s00402-017-2663-5. PMID: 28283742
18. Claeesen, FM, Stoop N, Doornberg JN, Guitton TG, van den Bekerom MP, Ring D, Polatsch DB\*; Interpretation of Post-operative Distal Humerus Radiographs After Internal Fixation: Prediction of Later Loss of Fixation. *J Hand Surg Am.* 2016 Oct;41(10):e337-e341
19. Beldner S, Polatsch DB. Arthrodesis of the Metacarpophalangeal and Interphalangeal Joints of the Hand: Current Concepts. *J Am Acad Orthop Surg.* 2016, May;24(5):290-7. doi: 10.5435/JAAOS-D-15-00033. PubMed PMID: 27097126.
20. Polatsch DB. The Double Thenar Flap: A Novel Technique to Simultaneously Reconstruct Two Fingertip Amputations. *Bone Health.* Winter 2016; 3-4.
21. Janssen SJ, Molleman J, Guitton TG, Ring D, Polatsch DB\*; Erratum to: What Middle Phalanx Base Fracture Characteristics are Most Reliable and Useful for Surgical Decision-making? *Clin Orthop Relat Res.* 2016 Apr;474(4):1080-1. doi: 10.1007/s11999-016-4728-0. PubMed PMID: 26842233; PubMed Central PMCID: PMC4773352.
22. Becker SJ, Bruinsma WE, Guitton TG, van der Horst CM, Strackee SD, Ring D, Polatsch DB\*; Interobserver Agreement of the Eaton-Glickel Classification for Trapeziometacarpal and Scaphotrapezial Arthrosis. *J Hand Surg Am.* 2016 Apr;41(4):532-540.e1. doi: 10.1016/j.jhsa.2015.12.028. Epub 2016 Jan 27. PubMed PMID: 26826947.
23. Janssen SJ, Teunis T, Guitton TG, Ring D, Polatsch DB\*; Do Surgeons Treat Their Patients Like They Would Treat Themselves? *Clin Orthop Relat Res.* 2015 Nov;473(11):3564-72. doi: 10.1007/s11999-015-4304-z. PubMed PMID: 25957212; PubMed Central PMCID: PMC4586191.

24. Mellema JJ, Doornberg JN, Guitton TG, Ring D, Polatsch DB\*; Biomechanical studies: science (f)or common sense? *Injury*. 2014 Dec;45(12):2035-9. doi: 10.1016/j.injury.2014.09.014. Epub 2014 Sep 28. PubMed PMID: 25306381.
25. Döring AC, Hageman MG, Mulder FJ, Guitton TG, Ring D, Polatsch DB\*; Trigger finger: assessment of surgeon and patient preferences and priorities for decision making. *J Hand Surg Am*. 2014 Nov;39(11):2208-13.e2. doi: 10.1016/j.jhssa.2014.08.010. Epub 2014 Oct 3. PubMed PMID: 25283491.
26. Hageman MG, Jayakumar P, King JD, Guitton TG, Doornberg JN, Ring D, Polatsch DB\*; The factors influencing the decision making of operative treatment for proximal humeral fractures. *J Shoulder Elbow Surg*. 2015 Jan;24(1):e21-6. doi: 10.1016/j.jse.2014.05.013. Epub 2014 Aug 29. PubMed PMID: 25168346.
27. Hageman MG, Kinaci A, Ju K, Guitton TG, Mudgal CS, Ring D, Polatsch DB\*; Carpal tunnel syndrome: assessment of surgeon and patient preferences and priorities for decision-making. *J Hand Surg Am*. 2014 Sep;39(9):1799-1804.e1. doi: 10.1016/j.jhssa.2014.05.035. Epub 2014 Aug 1. PubMed PMID: 25087865.
28. Melamed E, Polatsch DB, Beldner S, Melone CP Jr. Simulated distal interphalangeal joint fusion of the index and middle fingers in 0° and 20° of flexion: a comparison of grip strength and dexterity. *J Hand Surg Am*. 2014 Oct;39(10):1986-91. doi: 10.1016/j.jhssa.2014.06.021. Epub 2014 Jul 24. PubMed PMID: 25066294.
29. Tosti R, Ilyas AM, Mellema JJ, Guitton TG, Ring D, Polatsch DB\*; Interobserver variability in the treatment of little finger metacarpal neck fractures. *J Hand Surg Am*. 2014 Sep;39(9):1722-7. doi: 10.1016/j.jhssa.2014.05.023. Epub 2014 Jul 14. PubMed PMID: 25034789.
30. Bruinsma WE, Guitton T, Ring D, Polatsch DB\*; Radiographic loss of contact between radial head fracture fragments is moderately reliable. *Clin Orthop Relat Res*. 2014 Jul;472(7):2113-9. doi: 10.1007/s11999-014-3592-z. PubMed PMID: 24711128; PubMed Central PMCID: PMC4048410.
31. Melamed E, Polatsch D. Partial lacerations of peripheral nerves. *J Hand Surg Am*. 2014 Jun;39(6):1201-3. doi: 10.1016/j.jhssa.2014.01.026. Epub 2014 Mar 13. Review. PubMed PMID: 24630944.
32. Gradl G, Neuhaus V, Fuchsberger T, Guitton TG, Prommersberger KJ, Ring D, Polatsch DB\*; Radiographic diagnosis of scapholunate dissociation among intra-articular fractures of the distal radius: interobserver reliability. *J Hand Surg Am*. 2013 Sep;38(9):1685-90. doi: 10.1016/j.jhssa.2013.05.039. Epub 2013 Jul 30. PubMed PMID: 23910379.



33. Melamed E, Katz EG, Polatsch D. Pathological fracture of the trapezoid secondary to an intraosseous ganglion. *J Hand Surg Eur Vol.* 2015 Jan;40(1):98-9. doi: 10.1177/1753193413497867. Epub 2013 Jul 12. PubMed PMID: 23855038.
34. Hageman MG, Guitton TG, Ring D, Polatsch DB\*; How surgeons make decisions when the evidence is inconclusive. *J Hand Surg Am.* 2013 Jun;38(6):1202-8. doi: 10.1016/j.jhsa.2013.02.032. Epub 2013 May 4. PubMed PMID: 23647639.
35. Neuhaus V, Bot AG, Guitton TG, Ring DC, Polatsch DB\*; Scapula fractures: interobserver reliability of classification and treatment. *J Orthop Trauma.* 2014 Mar;28(3):124-9. doi: 10.1097/BOT.0b013e31829673e2. PubMed PMID: 23629469.
36. Hageman MG, Becker SJ, Bot AG, Guitton T, Ring D, Polatsch DB\*; Variation in recommendation for surgical treatment for compressive neuropathy. *J Hand Surg Am.* 2013 May;38(5):856-62. doi: 10.1016/j.jhsa.2013.02.008. Epub 2013 Apr 3. PubMed PMID: 23561726.
37. Melone CP Jr, Polatsch DB. Surgical treatment of scapholunate dissociation in the professional basketball player: commentary. *Hand Clin.* 2012 Aug;28(3):265-6. doi: 10.1016/j.hcl.2012.05.003. Epub 2012 Jun 26. PubMed PMID: 22883860.
38. Melone CP Jr, Polatsch DB, Flink G, Horak B, Beldner S. Scapholunate interosseous ligament disruption in professional basketball players: treatment by direct repair and dorsal ligamentoplasty. *Hand Clin.* 2012 Aug;28(3):253-60, vii. doi: 10.1016/j.hcl.2012.05.002. PubMed PMID: 22883858.
39. Melone CP Jr, Polatsch DB, Beldner S, Khorsandi M. Volar plate repair for posttraumatic hyperextension deformity of the proximal interphalangeal joint. *Am J Orthop (Belle Mead NJ).* 2010 Apr;39(4):190-4. PubMed PMID: 20512172.
40. Melone CP Jr, Polatsch DB, Beldner S. Disabling hand injuries in boxing: boxer's knuckle and traumatic carpal boss. *Clin Sports Med.* 2009 Oct;28(4):609-21, vii. doi: 10.1016/j.csm.2009.06.004. Review. PubMed PMID: 19819405.
41. Polatsch DB, Melone CP Jr, Beldner S, Incorvaia A. Ulnar nerve anatomy. *Hand Clin.* 2007 Aug;23(3):283-9, v. Review. PubMed PMID: 17765580.
42. Polatsch DB, Paksima N. Basal joint arthritis: diagnosis and treatment. *Bull NYU Hosp Jt Dis.* 2006;64(3-4):178-84. Review. PubMed PMID: 17155927.
43. Polatsch DB, Foster LG, Posner MA. An unusual rupture of the flexor carpi radialis tendon: a case report. *Am J Orthop (Belle Mead NJ).* 2006 Mar;35(3):141-3. PubMed PMID: 16610380.



44. Zuckerman JD, Shin SS, Polatsch DB, Schweitzer M. Concurrent bilateral femoral neck stress fractures and osteonecrosis of the hip. A case report. *J Bone Joint Surg Am.* 2006 Apr;88(4):857-60. PubMed PMID: 16595478.
45. Shin RD, Polatsch DB, Rokito AS, Zuckerman JD. Posterior capsulorrhaphy for treatment of recurrent posterior glenohumeral instability. *Bull Hosp Jt Dis.* 2005;63(1-2):9-12. PubMed PMID: 16536210.
46. Bong MR, Polatsch DB, Jazrawi LM, Rokito AS. Chronic exertional compartment syndrome: diagnosis and management. *Bull Hosp Jt Dis.* 2005;62(3-4):77-84. Review. PubMed PMID: 16022217.
47. Polatsch DB, Baskies MA, Hommen JP, Egol KA, Koval KJ. Tape blisters that develop after hip fracture surgery: a retrospective series and a review of the literature. *Am J Orthop (Belle Mead NJ).* 2004 Sep;33(9):452-6. PubMed PMID: 15509110.
48. Elkowitz SJ, Kubiak EN, Polatsch D, Cooper J, Kummer FJ, Koval KJ. Comparison of two headless screw designs for fixation of capitellum fractures. *Bull Hosp Jt Dis.* 2003;61(3-4):123-6. PubMed PMID: 15156810.
49. Koval KJ, Egol KA, Polatsch DB, Baskies MA, Homman JP, Hiebert RN. Tape blisters following hip surgery. A prospective, randomized study of two types of tape. *J Bone Joint Surg Am.* 2003 Oct;85-A(10):1884-7. PubMed PMID: 14563793.
50. Polatsch DB, Bong MR, Rokito AS. Severe ulnar neuropathy after subcutaneous transposition in a collegiate tennis player. *Am J Orthop (Belle Mead NJ).* 2002 Nov;31(11):643-6. PubMed PMID: 12463586.
51. Stein DA, Polatsch DB, Gidumal R, Rose DJ. Low-energy anterior hip dislocation in a dancer. *Am J Orthop (Belle Mead NJ).* 2002 Oct;31(10):591-4. PubMed PMID: 12405566.
52. Elkowitz SJ, Polatsch DB, Egol KA, Kummer FJ, Koval KJ. Capitellum fractures: a biomechanical evaluation of three fixation methods. *J Orthop Trauma.* 2002 Aug;16(7):503-6. PubMed PMID: 12172281.
53. Koval KJ, Skovron ML, Polatsch D, Aharonoff GB, Zuckerman JD. Dependency after hip fracture in geriatric patients: a study of predictive factors. *J Orthop Trauma.* 1996;10(8):531-5. PubMed PMID: 8915914.
54. Koval KJ, Polatsch D, Kummer FJ, Cheng D, Zuckerman JD. Split fractures of the lateral tibial plateau: evaluation of three fixation methods. *J Orthop Trauma.* 1996;10(5):304-8. PubMed PMID: 8814570.

\* = *As part of the Science of Variation Group (SOVG)*

### **BOOK CHAPTERS:**

1. Polatsch, Beldner: **Open Ulnar Nerve Decompression at the Wrist**. In: Beredjiklian & Lutsky (Editor). *Hand Surgery: Tricks of the Trade*, Thieme Publishing, New York, NY, 2020.
2. Beldner S, Baz MA, Polatsch DB. **Wrist and Hand Injuries**. In: Gotlin, RS (Editor). *Sports Injuries Guidebook. Athletes' and Coaches' Resource for Identification, Treatment, and Recovery*, Human Kinetics, Champaign, IL 61825, 2019.
3. Beldner, Polatsch: **Minimally Invasive Techniques in Scaphoid Fracture Fixation**. In: Scuderi (Editor). *Minimally Invasive Surgery in Orthopedics*, Springer International Publishing, Switzerland 2015.
4. Melone, Polatsch: **MP Joint Soft Tissue Injuries of the finger**. In: Carlson and Goldfarb (Editors), *Comprehensive Care of the High Level Athlete: A Master Skills Publication*, ASSH, Chicago IL, 2014
5. Melone, Polatsch, Pallotta, Beldner: **Traumatic Extensor Carpi Ulnaris Disruption: Subluxation, Dislocation, Rupture**. In: Slutzky (Editors). **Principles and Practice of Wrist Surgery**. Elsevier, 2009.
6. Polatsch & Jazrawi: **Residency Etiquette**. In: Jazrawi, DellaValle, Elbeshbeshy, Koval, Zuckerman (Editors). **Orthopaedic Residency: How to Get Into a Program and Succeed Once You're There**. NYU-Hospital for Joint Diseases/Green, New York, 2001.

### **PRESENTATIONS:**

1. Polatsch, Gabor, Rabinovich, Beldner, Duke, Deyer, Walz. Union at Four Weeks Following Percutaneous Screw Fixation of Minimally Displaced Scaphoid Fractures.

*-American Society for Surgery of the Hand Annual Meeting, September 2022, Boston, MA.*

2. Polatsch, Gabor, Rabinovich, Beldner, Duke, Deyer, Walz. Union at Four Weeks Following Percutaneous Screw Fixation of Minimally Displaced Scaphoid Fractures.

*-Lenox Hill Orthopaedic Residency Research Day, New York, NY, June 2022*  
**\*First Place Prize**

3. Polatsch, Gabor, Rabinovich, Beldner, Duke, Deyer, Walz. Union at Four Weeks Following Percutaneous Screw Fixation of Minimally Displaced Scaphoid Fractures.

*-New York Society for Surgery of the Hand Residents and Fellows Night,  
New York, NY, May 2022      \*First Place Prize*

4. Polatsch, Leibman. (Co-Chairs), Endoscopic Carpal Tunnel Anatomy Lab

*-New York, NY, April 2022*

5. Polatsch, Gabor, Rabinovich, Beldner, Duke, Deyer, Walz. Union at Four Weeks Following Percutaneous Screw Fixation of Minimally Displaced Scaphoid Fractures.

*-Northwell Orthopaedic Institute Research Symposium, Manhasset, NY,  
April 2022*

6. Polatsch. Basal Joint Arthritis

*Arthritic Conditions of the Fingers, Hand, and Wrist CME, Northwell  
Health Webinar, New York, NY, October, 2021.*

7. Polatsch. Fingertip Injuries and Amputations.

*Grand Rounds, Rutgers RWJ Medical School, New Brunswick, NJ. May  
13, 2021.*

8. Polatsch. Basal Joint Arthritis from Soup to Nuts

*Grand Rounds, Rutgers RWJ Medical School, New Brunswick, NJ. May  
13, 2021.*

9. Polatsch, Mota, Rabinovich, Beldner, Shin, Greenberg. Thumb Carpometacarpal Dorsoradial Ligament Repair using an InternalBrace™

*-New York Society for Surgery of the Hand Resident and Fellows Night, New  
York, NY May 11, 2021.*

10. Polatsch. Fingertip Injuries and Amputations.

*-NYSSH Hand Surgery Virtual Review Course. New York, NY. October 24, 2020.*

11. Polatsch, Zbeda, Beldner, Murray. A Novel Physical Exam Test for Trigger Finger: The Independent Flexion Test.

*-American Society for Surgery of the Hand Annual Meeting  
-38th Adrian E. Flatt Residents and Fellows Conference: Paper  
San Antonio, Texas. October 1-3, 2020.*

12. Polatsch, Zbeda, Beldner, Murray. A Novel Physical Exam Test for Trigger Finger: The Independent Flexion Test.

*-New York Society for Surgery of the Hand Resident and Fellows Night  
-New York, NY June 9, 2020.*

13. Polatsch. Fingertip Injuries and Amputations.

*-Grand Rounds. Philadelphia Hand Center, Department of Orthopaedic Surgery. March 31, 2020.*

14. Polatsch. Fingertip Injuries and Amputations.

*-Grand Rounds. Mount Sinai Medical Center, Department of Orthopaedic Surgery. December 11, 2019.*

15. Rahman, Rabinovich, Beldner, Casden, Polatsch D. The Prevalence of Stenosing Tenosynovitis Requiring Resection of the Ulnar Slip of the Flexor Digitorum Superficialis.

*-American Society for Surgery of the Hand Annual Meeting  
Las Vegas, NV, September 5, 2019.*

16. Rahman, Rabinovich, Beldner, Casden, Polatsch D. The Prevalence of Stenosing Tenosynovitis Requiring Resection of the Ulnar Slip of the Flexor Digitorum Superficialis.

*-Resident Research Day. Lenox Hill Hospital  
New York, NY, June 7<sup>th</sup>, 2019.*

17. Rahman, Rabinovich, Beldner, Casden, Polatsch D. The Prevalence of Stenosing

Tenosynovitis Requiring Resection of the Ulnar Slip of the Flexor Digitorum Superficialis.

*-New York Society for Surgery of the Hand Resident and Fellows  
Research Conference, New York, NY 5/2019*

18. Polatsch D. Basal Joint Arthritis: What options do we have?

*-Skeletal Dynamics, 1<sup>st</sup> Annual Fellows Course  
Miami, FL, April 5-6, 2019*

19. Polatsch. Fingertip Amputations and Replantation.

*-Hand Surgery Update Course Faculty, Columbia University College of  
Physicians and Surgeons and New York Society for Surgery of the Hand,  
New York, NY, October 27, 2018.*

20. Mo A. Guenthart A, Polatsch D., and Beldner S. Methods to Optimize Operating Room Efficiency Under the Control of the Scheduling Surgeon.

*-American Society for Surgery of the Hand Annual Meeting  
Boston, MA, Sept 12<sup>th</sup>, 2018*

21. Coyle, Polatsch. Anatomy of Radial Sensory Nerve in the Forearm and Wrist.

*-Resident Research Day. Lenox Hill Hospital  
New York, NY, June 8<sup>th</sup>, 2018.*

22. Rabinovich, Gonzales, Polatsch, Beldner. Ulnar Nerve Transposition at the Wrist: A Cadaveric Study.

*- Resident Research Day. Lenox Hill Hospital  
New York, NY, June 8<sup>th</sup>, 2018.*

23. Rabinovich, Gonzales, Polatsch, Beldner. Ulnar Nerve Transposition at the Wrist: A Cadaveric Study.

*- New York Society for Surgery of the Hand Resident and Fellows  
Research Conference, New York, NY 5/2018*

24. Mo A., Polatsch D., and Beldner S. Batting Average Assessment in Major League

Baseball Players After Surgical Treatment of Hamate Hook Fractures

- *American Academy of Orthopaedic Surgeons Annual Meeting, New Orleans, LA, 2018*
  
- 25. Mo A., Polatsch D., and Beldner S. Batting Average Assessment in Major League Baseball Players After Surgical Treatment of Hamate Hook Fractures.
  - *American Academy of Hand Surgeons. Phoenix, AZ. Jan, 2018.*
  
- 26. Mo A. Guenthart A., Polatsch D., and Beldner S. Case-case factors affecting Operating Room Turnover Time.
  - *American Academy of Hand Surgeons. Phoenix, AZ. Jan, 2018.*
  
- 27. Mo A. Guenthart A., Polatsch D., and Beldner S. Case-case factors affecting OR Turnover Time. Eastern Orthopaedic
  - *Association 48th Annual Meeting. Miami, FL. Oct., 2017.*
  
- 28. Polatsch DB. Faculty
  - *2017 Wrist Surgeon Summit, Friday October 27-28<sup>th</sup>, 2017  
Las Vegas NV 2017*
  
- 29. Polatsch, Beldner, Zbeda, Melone. Carpometacarpal Arthrodesis for Traumatic Carpal Boss in Professional Fighters.
  - *Poster Presentation, American Society for Surgery of the Hand Annual Meeting, San Francisco, CA 2017*
  
- 30. Mo, Guenthart, Polatsch, Beldner. Case-to-case Factors Affecting Operating Room Turnover Time Which Surgeons Can Utilize to Improve Efficiency.
  - *New York Society for Surgery of the Hand Resident and Fellows Research Conference, New York, NY 2017*
  
- 31. Beldner, Rabinovich, Polatsch. Measurement of Distal Radius Articular Step-off Using Fluoroscopy
  - *Poster Presentation, American Academy of Orthopaedic Surgery Annual Meeting, San Diego, CA 2017*

32. Polatsch. Fingertip Amputations and Replantation.

*-Hand Surgery Update Course Faculty, Columbia University College of Physicians and Surgeons and New York Society for Surgery of the Hand, New York, NY, October 29, 2016.*

33. Rabinovich, Polatsch. The Double Thenar Flap; A Novel Technique

*-Resident Research Day. Lenox Hill Hospital  
New York, NY, June 3<sup>rd</sup>, 2016*

34. Polatsch. Fingertip Amputations and Replantation.

*-Hand Surgery Update Course Faculty, Columbia University College of Physicians and Surgeons and New York Society for Surgery of the Hand, New York, NY, October 25, 2014.*

35. Polatsch DB. Fingertip Amputations, Ring Avulsions, and Replantation.

*-Grand Rounds, Roosevelt Hospital, Department of Orthopedics, New York, NY, October 21, 2014.*

36. Isaac R, Polatsch DB, Beldner S, Melone CP. Arthrodesis of the carpal boss in combative athlete employing autologous bone grafting and kirshner wire fixation.

*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May 13, 2014.*

37. Polatsch DB. Faculty

*-Elite Educational Series. Trauma Symposium. Distal Radius Fractures, Case Presentations, Cadaver Workshops, Miami, FLA, December 6, 2013.*

38. Polatsch DB. Fingertip Amputations, Ring Avulsions, and Replantation.

*-Grand Rounds, CV Starr Hand Surgery Fellowship Program, Roosevelt Hospital, New York, NY, October 22, 2013.*

39. Melamed E, Melone CP, Beldner S, Polatsch DB. An assessment of sleep disturbance in patients before and after carpal tunnel release.

*-Poster Presentation, American Society for Surgery of the Hands Annual Meeting, San Francisco, CA, October, 2013*

40. Melamed E, Melone CP, Beldner S, Polatsch DB. Articular reconstruction of the



hand in diffuse systemic scleroderma (dSSC) – long term evaluation.

*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May, 14, 2013*

41. Polatsch. Faculty

*-Elite Educational Series. Trauma Symposium. Distal Radius Fractures, Case Presentations, Cadaver Workshops, Miami, FLA, February 8-9, 2012.*

42. Polatsch. Fingertip Amputations, Ring Avulsions, and Replantation.

*-Hand Surgery Update Course Faculty, Columbia University College of Physicians and Surgeons and New York Society for Surgery of the Hand, New York, NY, October 20, 2012*

43. Findling, Melone, Polatsch, Beldner. Delayed Flap Resurfacing for Digital Tip Amputations with Exposed Bone.

*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, Chicago, Illinois, 2012*

44. Findling, Melone, Polatsch, Beldner. Delayed Flap Resurfacing for Digital Tip Amputations with Exposed Bone.

*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May, 2012*

45. Polatsch, Daniel. The Snapping Finger.

*- Doctors Demystify the Finger Joints. Roosevelt Hospital, New York, NY March 24, 2012*

46. Polatsch, Daniel. Finger and Hand Infections.

*- Doctors Demystify the Finger Joints. Roosevelt Hospital, New York, NY March 24, 2012*

47. Melone, Beldner, Horak, Polatsch. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach: Mid to Long-Term Analysis.

*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, Las Vegas, Nevada, 2011*

48. Melone, Beldner, Horak, Polatsch. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach: Mid to Long-Term Analysis.  
*-Paper Presentation, New York Society for Surgery of the Hand, Residents and Fellows Night, New York, NY, May, 2011*
49. Melone, Polatsch, Beldner, Ciaglia. Trapezium Excisional Arthroplasty with APL Stabilization for OA of Basal Joint – Long Term Analysis.  
*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, Boston, Massachusetts, 2010*
50. Polatsch DB. Advances in the treatment in Dupuytren’s Disease.  
*- Orthopaedic Grand Rounds, St. Joseph’s Regional Medical Center, Patterson, NJ, 1/11/11*
51. Melone, Polatsch, Beldner, Ciaglia. Trapezium Excisional Arthroplasty with APL Stabilization for OA of Basal Joint – Long Term Analysis.  
*- Paper Presentation, New York Society for Surgery of the Hand Residents and Fellows Night, New York, NY, 2010*
52. Melone, Beldner, Polatsch, Vallem. A Case Control Outcome Study of Distal Radius Fracture Using Volar Locking Plating System-Young Vs. Old Population,  
*-Paper Presentation, New York Society for Surgery of the Hand Annual Residents and Fellows Night, New York, NY, 5/12/2009*
53. Melone, Polatsch, Beldner, Pallotta. Chronic Extensor Carpi Ulnaris Instability in Professional Athletes.  
*-Poster Presentation, American Society for Surgery of the Hand Annual Meeting, Chicago, Illinois 2008*
54. Polatsch, Melone, Beldner, Khorsandi. Volar Plate Reconstruction for Chronic Post-Traumatic Hyperextension Deformity of the PIP Joint  
*-Paper Presentation, American Academy Orthopaedic Surgery Annual Meeting, Chicago, Illinois 2006*
55. Melone, Beldner, Polatsch, Finuoli. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach.  
*-Poster Presentation, American Academy Orthopaedic Surgery Annual Meeting Chicago, Illinois 2006*
56. Melone, Beldner, Polatsch, Finuoli. Silicone Arthroplasty for Osteoarthritis of the PIP Joint Employing the Dorsal Approach.

*-Poster Presentation, American Society for Surgery of the Hand Annual Meeting, San Antonio, Texas 2005*

57. Melone, Beldner, Polatsch, Khorsandi. Volar Plate Reconstruction for Chronic Post-Traumatic Hyperextension Deformity of the PIP Joint  
*-Poster Presentation, American Society for Surgery of the Hand Annual Meeting, San Antonio, Texas 2005*
58. Melone, Beldner, Polatsch, Thomas. Digital Sympathectomy for Raynaud's Syndrome in Limited Cutaneous Systemic Sclerosis (CREST Syndrome).  
*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, New York, New York, 2004.*
59. Beldner, Polatsch, Finuoli, Melone. A Fluoroscopic Study to Determine the Accuracy of Intra-Articular Stepp-Off for Distal Radius Fractures  
*-Paper Presentation, American Society for Surgery of the Hand Annual Meeting, New York, New York, 2004.*
60. Stuart J. Elkowitz, MD; Daniel B. Polatsch, MD; Kenneth A. Egol, MD; *Kenneth J. Koval, MD*; Fixation of Unstable Capitellum Fractures: Effects of Screw Type and Orientation  
*-Poster Presentation, Annual Meeting of the Orthopaedic Trauma Association, Toronto, Ontario, 2003*
61. Polatsch, Elkowitz, Guttman, Rokito, Zuckerman. Posterior Capsulorrhaphy for Isolated Recurrent Posterior Shoulder Instability.  
*-Poster Presentation, Annual Meeting of the American Academy of Orthopaedic Surgeons, San Francisco, California, 2001.*
62. Polatsch, Guttman, Mohrman, Rokito, Rose, Raffi, Sherman. Diagnosis of Superior Labral Anterior Posterior (S.L.A.P.) Lesion: Correlation of Magnetic Resonance Imaging and Arthroscopic Findings.  
*-Scientific Paper Presentation, Annual Alumni Meeting New York University-Hospital for Joint Diseases Orthopaedic Institute, New York, 2000.*
63. Stein, Jeong, Polatsch, Puopolo, Paksima, Koval. Distal Radius Fractures: A Critical Look at Surgical Indications.  
*-Poster Presentation, Annual Meeting of the American Academy of Orthopaedic Surgeons, San Francisco, California, 2001*
64. Guttman, Jazrawi, Maurer, Polatsch, Rokito. Effect of Suture Augmentation on Rotator Cuff Tendon Repair: Biomechanical Testing in a Cadaveric Model.  
*-Poster Presentation, Annual Meeting of the American Academy of Orthopaedic Surgeons, San Francisco, California, 2001.*

65. Polatsch. Elbow Arthroscopy.  
-Paper Presentation, Sports Medicine Conference, New York University -  
The Hospital for Joint Diseases Orthopaedic Institute, New York, NY,  
1999.

66. Polatsch, Posner. Basal Joint Arthritis: Evaluation and Treatment  
-Paper Presentation, Ground Rounds, New York University - Hospital for  
Joint Diseases Orthopaedic Institute, New York, NY, 2002.

## ACTIVITIES:

### Laurence Polatsch Memorial Fund

- Funds donated to Pediatric Hematology/Oncology at Mt. Sinai 2005
- Funds donated to Neonatology Program at NYU Medical Center 2006
- Funds donated to Pediatric Recovery Room at Beth Israel Medical Center 2007
- Funds donated to Autism Programs in NYC Metro Area 2008
- Funds donated to support a social work program treating pediatric patients suffering from Crohn's and Colitis at Mount Sinai Medical Center, New York, NY. 2009
- Funds donated to various Multiple Sclerosis Research Centers 2010
- Funds donated to Juvenile Diabetes Research Foundation (JDRF) 2011
- Funds donated to fund the Laurence Polatsch Memorial Neurosurgical Fellowship in Pediatric Brain Tumors at New York University Medical Center, New York, NY. 2012
- Funds donated to benefit pediatric arthritis (Arthritis Foundation) 2013
- Funds donated to various Breast Cancer Organizations 2014
- Funds donated to advance Pediatric Food Allergy research 2015
- Funds donated to help patients with Lymphoma and Leukemia 2016
- Funds donated to establish Dog Therapy Program at C.S. Mott Children's Hospital, Ann Arbor, MI 2017
- Funds donated to Memorial Sloan Kettering Cancer Center for Research in Esophageal Cancer 2019
- Funds donated to Northwell Health to examine a novel screening Tool for Esophageal Cancer 2021

**GLS Memorial Fund** – September 11<sup>th</sup> WTC Fund 2001 - Present  
-Annual Scholarships to the University of Michigan to the children of NYPD,  
Fireman and EMT.  
-Board of Directors (Raised > \$950,000)

**New York City High School Football** - Staff Physician 1997-2001

**Alvin Ailey Dance Theatre, New York, NY** - Staff Physician 1999-2001

**Residency Fund Committee** 1999-2003

-NYU-The Hospital for Joint Diseases Residency Program

**Chairman Academic Judiciary Board** 1993



*-University of Michigan, Ann Arbor, MI*  
**Member Academic Judiciary Board**  
*-University of Michigan, Ann Arbor, MI*

1991-1993

**HOBBIES AND EXTRACURRICULAR ACTIVITIES:**

Golf, Cycling, Travel, Running