

**Course Directors, Steven Beldner, MD, *President, New York Society for Surgery of the Hand***  
**O. Alton Barron, MD, *Past President, St. Luke's-Roosevelt Hospital New York, NY***  
**Robert J. Strauch, MD, *Columbia University College of Physicians and Surgeons New York, NY***

**Course Faculty:**

*Edward A. Athanasian, MD Hospital for Special Surgery New York, NY*  
*David Chiu, MD, New York University Medical Center, New York, NY*  
*Jerry L. Ellstein, MD, Huntington Hospital, Huntington, NY*  
*Frederick F. Fakharzadeh, MD, Valley Hospital, Holy Name Hospital, Hackensack Medical Center, NJ*  
*Vincent G. Fietti, MD, St. Luke's-Roosevelt Hospital New York, NY*  
*Steven Z. Glickel, MD, St. Luke's-Roosevelt Hospital New York, NY*  
*Steven M. Green, MD, New York University Medical Center, New York NY*  
*Michael Hausman, MD, Mount Sinai Medical Center New York, NY*  
*Neal L. Hochwald, MD, Huntington Hospital, Huntington, NY*  
*Abram Kirschenbaum, MD, Morristown Memorial Hospital, Morristown, NJ*  
*Roy G. Kulick, MD, Albert Einstein College of Medicine New York, NY*  
*Steve K. Lee, MD, Hospital for Special Surgery, New York, NY*  
*Daniel Polatsch, MD, New York University Medical Center, New York, NY*  
*Martin Posner, MD, New York University Medical Center, New York, NY*  
*Roger G. Rosenstein, MD, Valley Hospital, Holy Name Hospital, Hackensack Medical Center, NJ*  
*Malcolm Z. Roth, MD, Brookdale Hospital Medical Center, Brooklyn, NY*  
*Susan Craig Scott, MD, Lenox Hill Hospital, New York, NY*  
*Peter Tang, MD, Columbia University College of Physicians and Surgeons New York, NY*



Columbia University College of Physicians & Surgeons  
Department of Orthopaedic Surgery  
622 W. 168<sup>th</sup> Street, PH-1164  
New York, NY 10032

**Register now**  
**OITE prep course**

## Hand Surgery Update Course

Jointly Sponsored by *Columbia University College of Physicians and Surgeons*  
*and The New York Society for Surgery of the Hand*

**Saturday, October 20, 2012**



# Hand Surgery Update Course

Jointly Sponsored by *Columbia University College of Physicians and Surgeons and  
and The New York Society for Surgery of the Hand*

**Saturday, October 20, 2012**

**Columbia University Health Sciences Library  
701 W. 168<sup>th</sup> St. Room 401  
New York, New York 10032**

## Goals and Objectives:

This program is designed to give an overview of the main principles of diagnosis and treatment of common conditions affecting the hand and upper extremity. Special emphasis will be placed on new advances in treatment as well as trends and treatment controversies. At the conclusion of this course, participants will be able to:

- Elicit a thorough history and perform a comprehensive physical examination
- Interpret important diagnostic studies, including radiographic studies, electrodiagnostic and laboratory data to make a diagnosis
- Be familiar with current and accepted treatments for the following conditions: flexor and extensor tendon injuries, nerve injuries, compressive neuropathies, vascular and pain disorders, and traumatic ligamentous and osseous lesions.

## Who Should Attend:

This program is designed for orthopaedic residents, rheumatologists, plastic surgeons, hand surgeons, occupational therapists, physical therapists, and others involved in the care of patients undergoing hand surgery.

**We encourage orthopaedic residents to attend to prepare for the OITE exam on November 10, 2012. A pre-test will be given during registration with OITE specific questions that will be reviewed and emphasized during the lectures.**

## Faculty Disclosure

The College of Physicians & Surgeons must ensure balance, independence, objectivity, and scientific rigor in its educational activities. All faculty participating in this activity are required to disclose to the audience any significant financial interest and/or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial contributor(s) of this activity. When unlabeled uses are discussed, these will also be indicated.

## Agenda

This course will convey the main principles of diagnosis and treatment of conditions affecting the hand and elbow. Faculty from the tri-state region will provide a comprehensive review of congenital, traumatic, neurological and vascular problems affecting the hand and upper extremity.

7:30 am Registration and Breakfast  
8:00 am Part I: Comprehensive Review of  
The Principles of Hand Surgery  
12:00 pm Lunch  
1:00 pm Part II: Comprehensive Review of  
The Principles of Hand Surgery  
6:00 pm Adjourn

## Accreditation/Credit Designation

This program has been planned and produced in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the College of Physicians and Surgeons of Columbia University and the New York Society for Surgery of the Hand. The College of Physicians and Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The College of Physicians and Surgeons designates this educational activity for a maximum of 8.25 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Directions to Columbia University Medical Health Sciences Library

The most direct way to CPMC from most locations is to follow directions leading to the George Washington Bridge, then exit onto the Henry Hudson Parkway, and then onto Riverside Dr. (south). From there, continue south and turn left onto 165<sup>th</sup> St. (1<sup>st</sup> left south of the bridge). Proceed one block and turn right onto Ft. Washington Ave., then turn right into medical center parking garage. 601 W. 168th. where the meeting will take place is three blocks north of this parking lot.

**From upstate New York, New Jersey, Connecticut:** After crossing the George Washington Bridge, follow signs to the Henry Hudson Parkway (also called the West Side Highway), and then to Riverside Drive.

**From Riverdale and Westchester via the Saw Mill River Parkway:** Exit the Henry Hudson Parkway at the Riverside Drive exit immediately past the George Washington Bridge.

**From Manhattan:** Take the Henry Hudson Parkway to Exit 15-Riverside Dr. South.

## Hand Surgery Update Course – October 20, 2012

Name	(last)	(first)	(MI)	(degree)
Address				
City	State	Zip		
Title/Level	Institution			
Phone	Fax			
E-mail				
Signature				

\$50.00 will be retained to cover administrative costs if a refund is requested. In order to remit the balance, we must receive written notice of withdrawal two weeks before the course begins. Columbia University College of Physicians and Surgeons reserves the right to cancel a course or to change any part of the program due to unforeseeable circumstances.

Columbia University College of Physicians and Surgeons fully complies with the legal requirements of the Americans with Disabilities Act. Participants with special needs are requested to call (212) 305-6392.

## Tuition

Physicians \_\_\_\_\_ \$150  
Residents, Fellows, Therapists \_\_\_\_\_ \$120

Total Fee Enclosed: \_\_\_\_\_

Check payable to: New York Society for Surgery of the Hand

Mail Payment to:

Lee Ann Finno, Course Coordinator  
New York Society for Surgery of the Hand  
622 West 168<sup>th</sup> Street, PH 1164  
New York, NY 10032

You will receive confirmation by email or fax upon receipt.  
Any questions, please call 212-305-6392



COLUMBIA UNIVERSITY

*College of Physicians  
and Surgeons*

**Hand Surgery Update Course**  
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**701 W. 168<sup>th</sup> St. Room 401**

**New York, NY**

Registration/Breakfast/pretest distribution 7:30-8:00

<b>Lecture</b>	<b>Speaker</b>	<b>Time</b>
Welcome:	Dr. A. Barron	8:00-8:15
Boutonniere-Swan Neck and Intrinsic	Dr. M. Posner	8:15-8:50
Rheumatoid Arthritis	Dr. J. Ellstein	8:50-9:10
Compressive Neuropathy	Dr. N. Hochwald	9:10-9:30
Flexor Tendon Injuries	Dr. F. Fakhzardeh	9:30-9:50
Q+A		9:50-10:00
BREAK		10:00-10:30
Tenosynovitis	Dr. R. Rosenstein	10:30-10:50
Fractures of the Hand	Dr. A. Barron	10:50-11:10
Osteoarthritis of the Hand	Dr. S. Green	11:10-11:30
Distal Radius Fractures	Dr. R. Strauch	11:30-11:50
Q+A		11:50-12:00
LUNCH		12:00-1:00
Wrist Instability	Dr. S. Glickel	1:00-1:20
Hand Infection	Dr. A. Kirschenbaum	1:20-1:40
Ulnar Sided Wrist Pain	Dr. M. Hausman	1:40-2:00
Peripheral Nerve Repair	Dr. S. Craig-Scott	2:00-2:20
Brachial Plexus	Dr. S. Lee	2:20-2:40
Principles of Tendon Transfers	Dr. R. Kulick	2:40-3:00
Q+A		3:00-3:10
BREAK		3:10-3:40
Congenital Anomalies	Dr. D. Chiu	3:40-4:00
Benign Tumors of the Hand and Wrist	Dr. E. Athanasian	4:00-4:20
Elbow	Dr. P. Tang	4:20-4:40
Dupuytren's Disease	Dr. V. Fietti	4:40-5:00
Vascular disorders of the hand	Dr. S. Beldner	5:00-5:20
Amputations and Replantations	Dr. D. Polatsch	5:20-5:40
Q+A		5:40-5:50